

Joel Agruso

From: Age-friendly NYC <info@nyam.org>
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To: Joel Agruso
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Aging Well in NYC

News, updates, events and activities from Age-Friendly NYC

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THE URBAN HEALTH MATTERS BLOG

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Dear Friends,

Welcome to the inaugural issue of *Aging Well in NYC* news, a bi-monthly, digital newsletter designed to keep our supporters, colleagues and partners up to date on the most recent accomplishments and activities of Age-friendly New York City (AF-NYC) and important issues related to our work.

This May, which is national [Older Americans Month](#), we have lots of exciting developments to share. Our newly-seated Age-friendly NYC Commission is working on their plans for 2016; we are expanding our efforts to contribute to a global strategy on aging; and we were privileged to have our expert advice included in the ["President's Report on Independence, Technology, and Connection in Older Age"](#).

In this, our 8th year, we can confidently say our pioneering work is advancing state-of-the-art, age-friendly practices in New York and communities around the world, but we still have a lot of important work to do. We look forward to working with

The Commission's expert working groups are tackling an ambitious list of issues for 2015 to 2017.

- Safe and affordable housing
- Public safety, including home safety and planning for natural disasters.
- Professions: making banking, pharmacy, and health care work better for older adults.
- Media, arts and culture: improving access and programming, while promoting a strengths-based narrative on aging and combatting ageism.

Cross-Cutting Themes:

- Intergenerational engagement
- Social justice and equity
- Emergence of technology
- Increasing prevalence of dementia

WORKING WITH THE WHITE HOUSE: THE PCAST REPORT

In March, the White House released the ["President's Report on Independence, Technology, and Connection in Older Age"](#). This groundbreaking document explores, analyzes and makes recommendations "intended to advance the use of technologies that would have great potential for improving [older] people's lives," according to the White House. As experts in aging in urban centers, Academy President, Jo Ivey Boufford, MD, and Lindsay Goldman worked to integrate a healthy aging perspective into the report that recognizes the potential for technology to maximize social, physical and economic participation and thereby prevent the onset of disability and dependence.

AGE-FRIENDLY PARTNER SPOTLIGHT

The Museum of Modern Art, which is represented on the Commission's Media, Arts and Culture Working Group, offered free admissions to older people in honor of Older American's Month on May 9th, as well as discounted senior

membership throughout the month of May. On May 23rd, MoMA hosted a conference for museum professionals about creating age-friendly cultural institutions, reaching older immigrants, reducing social isolation and better understanding the needs of older artists.

ADVANCING AGE-FRIENDLINESS IN NYC AND AROUND THE WORLD

As authors of a chapter in the recently published book, [*Age-Friendly Cities and Communities in International Comparison*](#), we are helping to expand the use of age-friendly practices across cultures and communities.

AGE-FRIENDLY SEEN AND HEARD

In this section, we will be giving shout-outs to age-friendly people, places, programs and policies!

If you see or hear something age-friendly, say something! [Contact us](#) and we will broadcast your great find on social media, or you can tweet it to: [#AgeChamp](#)

Our first age-friendly shout out goes to the first ever [Brooklyn Senior Games](#) hosted by the Parks Department and sponsored by New York State Senator Jesse Hamilton, Brooklyn Borough President Eric Adams and Councilman Robert Cornegy.

NEW POLICY ASSOCIATES

Joining the Age-friendly NYC team at The New York Academy of Medicine:

Denise Gosselin has eight years of experience in aging policy as an advocate, researcher and educator. Prior to

joining The New York Academy of Medicine, she taught at Fordham University and Hunter College. [Learn more.](#)



Ahsia Badi has more than a decade of experience in health, both as a program manager and as a clinician, first at a public-private perinatal quality improvement program at Stanford University; second, at the Harlem Health Promotion Center at Columbia University. She is a licensed occupational therapist. [Learn more.](#)

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About The Academy

The New York Academy of Medicine advances solutions that promote the health and well-being of people in cities worldwide.

Established in 1847, The New York Academy of Medicine continues to address the health challenges facing New York City and the world's rapidly growing urban populations. We accomplish this through our Institute for Urban Health, home of interdisciplinary research, evaluation, policy and program initiatives; our world class historical medical library and its public programming in history, the humanities and the arts; and our Fellows program, a network of more than 2,000

experts elected by their peers from across the professions affecting health. Our current priorities are healthy aging, disease prevention, and eliminating health disparities.

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