The New York Academy of Medicine
At the heart of urban health since 1847

2011 ANNUAL REPORT
Healthy Aging
Prevent Disease and Promote Health
Eliminate Health Disparities
Letter from the President and Chairman

To our Fellows, Colleagues, and Supporters:

We are pleased to provide you with an overview of our work and accomplishments during the past year as part of The New York Academy of Medicine’s (NYAM) 2011 Annual Report. This report not only provides a brief glimpse into our activities; it is a statement of our deeply rooted commitment to advancing the health of people in cities in New York, across the nation, and around the globe.

NYAM, along with our wide range of public and private partners, works every day to make New York a healthier city for people of all ages. In 2011, our Age-friendly NYC initiative, a key partnership with the Mayor’s Office and City Council to meet the needs of the city’s older adults, made strides in several sectors including local business, transportation, libraries, education, and culture. We continued to lead the fight against obesity in New York State through the Designing a Strong and Healthy New York (DASH-NY) obesity prevention policy center, which convened experts and hosted trainings on strategies to increase access to healthy foods and physical activity for all New Yorkers. And we continued to strengthen our ties to New York City public schools through our Junior Fellows, G.I.R.L.S (Getting into Real Life Sciences) and the Health Professions, and H.E.A.L. (Healthy Eating Active Living) programs, which engaged more than 2,800 young people in adopting healthy habits and exploring health careers.

NYAM remains involved in urban health on a national and international level. This year, our staff traveled around the world to share our experiences in making New York City age-friendly; back at home, we hosted an international group of non-governmental organization (NGO) representatives in conjunction with the UN General Assembly meeting to focus on addressing the risk factors of the global epidemics of heart disease, cancer, pulmonary disease, diabetes, and associated obesity that are increasing in urban communities worldwide. We also continued to build partnerships with business and community leaders in our own community of East Harlem, working together to launch Wellness Week and partner in the Second National Conference on Urban Health. Our Journal of Urban Health continues to address urban health issues from both clinical and policy perspectives, filling a neglected niche in medical and health literature.

These and other initiatives of our talented and dedicated staff are made possible through your generous support. We thank you for your commitment to all that we do. Your support affirms our work and heightens our resolve. Together, we will continue to advance the health of all people in cities, now and into the future.

Thomas Q. Morris, MD
Chairman of the Board of Trustees

Jo Ivey Boufford, MD
President

Our Mission
The New York Academy of Medicine advances the health of people in cities.

An independent organization since 1847, NYAM addresses the health challenges facing the world’s urban populations through interdisciplinary approaches to policy leadership, innovative research, education, and community engagement. Drawing on the expertise of diverse partners worldwide and more than 2,000 elected Fellows from across the professions, our current priorities are:

To create environments in cities that support healthy aging
To strengthen systems that prevent disease and promote the public’s health
To eliminate health disparities
"I get a lot of older adult customers and I think [the Age-friendly Retail Initiative] is a great initiative because it empowers the elderly and lets businesses know what they can do to improve service to them."

-Perez Siddiqui, pharmacist, Healthways Pharmacy and Surgical, Brooklyn

Healthy Aging

The population of older adults in the U.S. will nearly double to 71.5 million by 2030. NYAM is at the forefront of the movement to make New York City—and cities around the nation and the world—age-friendly and fully prepared to meet the needs of this rapidly growing and increasingly diverse older population. NYAM’s innovative approach to healthy aging begins with conversations with older adults to understand what makes it harder or easier for them to live healthy and active lives in their communities. Utilizing this critical knowledge, NYAM works with community, business, and academic leaders and elected officials to create policies, programs, and environments that will enable older adults to live longer, healthier lives and stay fully engaged in their communities, contributing their rich experience and expertise.

Age-friendly NYC. NYAM’s partnership with the Mayor’s Office and New York City Council began in 2008, continued to deepen and expand its impact in 2011. In addition to the current East Harlem and Upper West Side Aging Improvement Districts, NYAM provided technical assistance to the launch of a third program in Bedford-Stuyvesant, Brooklyn in partnership with the Coalition to Improve Bedford-Stuyvesant and the Local Initiatives Support Corporation (LISC).

NYAM also conducted an Age-friendly Retail Initiative throughout the city, offering marketing materials and guidelines for businesses in English and Spanish on how and why to become more age-friendly. To date, the program has enrolled more than 1,000 businesses across all five boroughs of NYC, securing their commitment to meet the needs and desires identified by older adults, who are an important segment of their customer base.

The new technology work group of the Age-friendly NYC Commission has begun engaging leaders in the field of technology and communications, including Older Adult Technology Services (OATS), in efforts to develop content and products for older adults.

A rapidly expanding older adult population requires a growing social work workforce. NYAM’s Social Work Leadership Institute (SWLI) has partnered with the John A. Hartford Foundation, which offers a significant number of stipends to MSW students. By securing stipends for MSW students placed at VHA-developed Geriatric Research Education and Clinical Centers (GRECC), this initiative will increase the number of graduates that are concurrently enrolled in HPPAE. In addition to support from the Hartford Foundation, this endeavor also receives support from the MetLife Foundation.

Additionally, ten deans and directors of schools of social work attended the Leadership Academy in Aging (LAA) begun by SWLI and the National Association of Deans and Directors of Schools of Social Work (NADD) in 2008. The program serves to increase the number of social work deans and directors with leadership skills and an awareness of the significance of educating students around issues affecting older adults. Participants are provided an opportunity to learn from each other about how to better manage challenges they are facing. To date 43 deans and directors have participated.

As the Affordable Care Act (ACA) moves towards further implementation, the National Coalition on Care Coordination (N3C), co-chaired by SWLI and the National Association on Aging (ASA), continues to monitor and support legislation that will increase access to and use of care coordination. The work of the N3C is made possible through generous support from Atlantic Philanthropies. Over the past year, N3C members and workgroups helped educate stakeholders, U.S. Department of Health and Human Services (HHS) staff, and congressional members on the importance of care coordination through public hearings, policy briefs, and conference appearances, including an all-day symposium at the 2011 ASA Annual Aging in America Conference, “Linking the Social and Medical Models Through Care Coordination in the Aging Network.” In May, SWLI staff joined several NYAM Fellows Sections for a day-long symposium supported by the The Josiah Macy Jr. Foundation focusing on interdisciplinary team care coordination as a basis for identifying best practices and the characteristics of good clinical sites for training future practitioners.
Prevent Disease and Promote Health

NYAM’s work is driven by the belief that prevention is the key to good health. Urban environments can and must be shaped to offer their residents ample opportunity for healthy eating and physical activity in school, at work, and in their communities in order to make the healthy choice the easy choice. As it has for more than 160 years, NYAM continues to partner with local, state, and national public health officials and community leaders to develop evidence-based policies and programs that create healthy environments and prevent disease.

Designing a Strong and Healthy New York (DASH-NY), NYAM’s statewide Obesity Prevention Policy Center and Coalition supported by the New York State Department of Health (NYSDOH), offers policy research and analysis, training, technical assistance, and support for sustainable changes that increase access to healthy food and opportunities for safe places to play and exercise for all New Yorkers. In 2011, DASH-NY partnered with ChangeLab Solutions (formerly Public Health, Law, and Policy) to deliver training on developing and implementing healthy food procurement policies at public institutions. DASH-NY also worked with The Project for Public Spaces to host a statewide Healthy Places Training Program on best practices in fostering active transportation and healthy food markets. Additionally, a webinar providing strategies for reducing consumption of sugar-sweetened beverages and a two-part planning and zoning for health webinar series were provided and well-attended. Overall, more than 550 people in eight cities (and from all over the state via the webinars) benefited from the trainings.

The DASH-NY Advisory Group, a panel of experts representing national, statewide, and local-level entities from multiple sectors, provided consultation on the development of the DASH-NY policy agenda through workgroup and quarterly Advisory Group meetings.

In January 2011, DASH-NY hosted a summit entitled “What Should New York State Do Now to Prevent Obesity?” with the participation of community-based organizations and academics from across the state. NYAM organized a symposium in November in honor of the late Dr. Richard F. Daines, former New York State Health Commissioner. The symposium featured public health leaders and experts speaking on innovative approaches to prevention in New York and across the nation, including Thomas R. Frieden, MD, Director of the Centers for Disease Control and Prevention (CDC).

NYAM also initiated a special interest group on primary care and population health that has met several times and developed a vision statement and core principles for working together across the health care and public health boundary to improve population health in urban communities. The group is chaired by NYAM Fellow Marc Gourevitch, MD and includes Fellows and other experts in public health, health policy, economic and community development, clinical care, and the insurance industry.

In 2011, Governor Cuomo merged the State Hospital Review and Planning Council (SHRPC) and the Public Health Council to form the NYS Public Health and Health Planning Council (PHHPC). Dr. Boufford serves as chair of the Council’s Public Health Committee, leading the revision of New York State’s health improvement plan known as the Prevention Agenda.

Healthy Schools, Healthy Communities

In 2011, NYAM’s Office of School Health Programs (OSHP) worked with the Union Settlement Association (USA) in East Harlem to implement the East Harlem Teen Health Program, a comprehensive teen pregnancy prevention program funded by New York State. OSHP provided professional development for staff to help them integrate sexual literacy with youth leadership and community engagement.

OSHP also worked with the NYC Strategic Alliance for Health (SAfH), a project of the New York City Department of Health and Mental Hygiene, to develop an Implementation Guidebook that will become an online resource published by CDC for schools nationally to use. The Guidebook is a comprehensive resource designed to help communities replicate the strategies used by the SAfH to promote school compliance with wellness policies in the NYC public elementary schools through its Excellence in School Wellness Award.

The federal Department of Housing and Urban Development (HUD) awarded NYAM’s Center for Evaluation and Applied Research (CEAR) and Little Sisters of the Assumption a landmark $549,000 grant to fight asthma in East Harlem by improving indoor conditions in public housing projects. Approximately 23 percent of East Harlem children ages 5 to 12 suffer from asthma; the project aims to eliminate indoor health hazards such as mold and dust, and reduce ER and hospital use.

“NYAM is a wonderful place for interprofessional conversations about the important health policy and health care issues of our day.”
-Diana J. Mason, PhD, RN, FAAN, Hunter-Bellevue School of Nursing
Eliminate Health Disparities

Urban environments give rise to health disparities that cannot be explained by an individual’s behavior alone, but are directly related to differences in the physical and social characteristics of neighborhoods and communities. NYAM works to design research, policies, and programs that eliminate racial and ethnic health disparities and promote the health of vulnerable populations.

NYAM’s Center for Evaluation and Applied Research (CEAR) formed a partnership with the National Hispanic Medical Association (NHMA) and the National Hispanic Health Foundation, funded by the Kellogg Foundation, to promote healthy behaviors and reduce obesity among low-income Latino children. The goals of the initiative include developing physician-led health communications campaigns for children less than eight years old in families in California and New York and to engage Hispanic physicians to become agents of behavioral, community, and policy change.

NYAM remains committed to addressing racial disparities in maternal mortality in New York City and State. In 2011, NYAM engaged stakeholders in taking steps toward implementation of its 2010 report Maternal Mortality in New York: A Call to Action – Findings and Priority Action Steps. This included serving on the New York State Maternal Mortality Review Committee; supporting proposals within the Medicaid Redesign Team that enhance services for maternal and child health; and participating in the NY eHealth Collaborative Public Health Work Group to expand the use of Health IT to coordinate services for pregnant women.

NYAM is helping to nurture a diverse healthcare workforce through its Junior Fellows and G.I.R.L.S. (Getting into Real Life Science) and the Health Professions programs. Over the course of the 2010-2011 school year, more than 335 students from 13 New York City public schools learned about careers in the health professions while honing their secondary research, presentation, and study skills. A new initiative supported by the Bristol Myers-Squibb Foundation, The Junior Fellows Philanthropy Project, paired students with local community-based organizations to design and implement service projects based upon their assessments of their neighborhood’s public health needs. The winning student team was able to contribute $5,000 to its partner community-based organization.

NYAM supports the development of a public health-oriented approach to drug policies that saves lives, strengthens communities, reduces the harms associated with drug misuse, and enhances public safety. In 2011, NYAM continued its partnership with the Drug Policy Alliance to convene experts, consult with community members, and review evidence-based strategies to inform a comprehensive Blueprint for A Public Health and Safety Approach to Drug Policy in New York State (forthcoming in 2012).

NYAM has also become involved in efforts to prevent prescription drug abuse, through its participation in the New York State Office of Alcoholism and Substance Abuse Services (OASAS) Interagency Workgroup on Preventing Prescription Drug Misuse, Diversion and Overdose.

A national study coordinated by NYAM and the Yale University School of Medicine—the largest ever undertaken among people living with HIV and taking buprenorphine—found buprenorphine to be effective in reducing drug use while improving their health and quality of life. The study, Buprenorphine in Integrated HIV Care Evaluation and Support (BHIVES), involved more than 300 patients in ten HIV primary care sites around the U.S. Its findings pave the way for people living with HIV to receive the medication directly from their primary care physicians. The study findings were reported in a special supplemental issue of the Journal of Acquired Immune Deficiency Syndromes (JAIDS).
Engaging Communities

NYAM works closely with several community partners in its East Harlem neighborhood as well as Central Harlem and the South Bronx to develop policies and programs that will improve the health and safety of people of all ages.

In 2011, NYAM became active in the El Barrio/East Harlem Youth Violence Task Force, a coalition led by New York City Council Member Melissa Mark-Viverito to address youth violence and bullying in the community. The Task Force held community consultations with youth, parents, community-based organizations’ youth development managers, school counselors, and area clergy. The resulting report led to multiple projects aimed at keeping youth engaged and safe, most notably the opening of the Johnson Community Center. Additionally, many subcommittees have been formed to work on specific agenda ideas.

As part of the Public Safety and Transportation Committee of Community Board 11, NYAM was instrumental in securing approval for new bike lanes on First and Second Avenues from 96th-125th Streets in East Harlem. NYAM is also a member of the East Harlem Community Alliance, which brings together organizations and individuals interested in positive action on the health issues facing this community. Additionally, NYAM staff conducted a number of presentations for elected representatives about NYAM’s projects, shared how NYAM would like to join in improving the health of the East Harlem community, and discussed ways in which the community’s leaders see NYAM’s role in supporting East Harlem residents.

The Greater Harlem Chamber of Commerce (GHCC), along with NYAM, Harlem Hospital, and The City College of New York (CCNY), sponsored the First Annual Urban Health Conference in February. The four-day event addressed pressing health issues of concern to urban communities including obesity, oral and dental health, mental health, heart disease, youth violence, financial health, and spiritual health.

NYAM also partnered with the GHCC and the CCNY on a launch event for Wellness Week, which led up to the United Nations General Assembly meeting on non-communicable diseases. Wellness Week, a project of The Pan American Health Organization, the World Economic Forum, and the World Health Organization, aims to increase awareness of non-communicable diseases and ways to prevent the onset and spread of disease in individuals, families, and communities. The launch event brought together more than 80 community-based organizations from throughout Harlem and highlighted the variety of ways Harlem partners and coalitions have helped improve health outcomes in their community. It also highlighted the connection between international cities and urban centers fighting non-communicable diseases and implementing prevention strategies.

NYAM also continued to actively pursue its Age-friendly NYC and Office of School Health Programs activities in East Harlem. Major 2011 projects of the East Harlem Aging Improvement District included the establishment of senior-only hours at the Thomas Jefferson Park pool and a pilot retail business outreach campaign to help local stores become more age-friendly. NYAM’s School Health programs in East Harlem are Healthy Eating Active Living (10 schools), G.I.R.L.S. (Getting into Real Life Science) and the Health Professions (10 schools), the Junior Fellows Program (8 schools), and the East Harlem Teen Health Program in partnership with the Union Settlement Association.
The NYAM Library has been serving the public for more than 130 years, offering unparalleled access to health and medical information as well as access to one of the nation’s pre-eminent medical historical collections. In recent years, the Library has increased its web-based offerings to more widely disseminate its collections. Scholars and researchers continue to access the world-class rare book, manuscript and historical collections, as well as the Library’s monthly online Grey Literature Report (www.greylit.org).

In 2011, the NYAM Board of Trustees approved the creation of a new Center for the History of Medicine and Public Health. The Center incorporates the Library, Rare Book and Historical Collections, and Gladys Brooks Book & Paper Conservation Laboratory. The new Center will promote both the scholarly and the public understanding of the history of medicine and public health and the history of the book. The Center will also provide public access to and enhance awareness of NYAM’s important research collections in these fields, and develop a range of outreach activities with the goal of building an interdisciplinary community of scholars, educators, clinicians, curatorial and conservation professionals and the general public. Lisa O’Sullivan, PhD, formerly Senior Curator of Medicine at the Science Museum, London, was appointed Director of the Center in early 2012.

The Library and the Rare Book Room continued to serve a broad array of patrons, both in person and remotely, during 2011. Approximately 700 patrons spent time doing research at the Library, while more than 3,000 questions were answered via email, telephone, or mail by the librarians in both areas. About 80 groups, visiting either for instruction or for tours, came to the Library over the course of the year, bringing in an additional 600 visitors. The Conservation Laboratory carried out more than 140 treatment projects on materials from the collection and prepared items for exhibition. In 2011, the Lab received funding from the New York State Education Department, Division of Library Development to conserve and re-house a group of late 18th and early 19th century oversize, illustrated medical atlases.

The renovation of the Library’s stacks that began in 2010 with a grant from Save America’s Treasures was completed in 2011. This project created an appropriate climate controlled and secure environment for a significant part of NYAM’s rare and historical materials. The rare book collection (approximately 25,000 items) was relocated within the building and all monographs from the 19th through the early 20th centuries were returned from storage and reshelved in the newly upgraded space, a process overseen by the staff of the Conservation Laboratory.

In March, Domenico Bertoloni Meli, PhD delivered the annual Friends of the Rare Book Room lecture, entitled “Vivisection in William Harvey’s Century.” In October, NYAM’s Section on the History of Medicine and Public Health hosted the International Study Group for the History of Otorhinolaryngology for a day-long symposium and special exhibit of related materials from the collections. The History of Medicine and Public Health Lecture Series and Malloch Circle events also welcomed a roster of esteemed speakers, including Anne-Emanuelle Birn, Barron Lerner, Neal Flomenbaum, James Colgrove, Eugene Pamm, and John Haller, Jr.
Fellows

NYAM Fellows represent the highest levels of achievement and leadership across the fields of urban health, medical sciences research and practice, public health, social work, nursing, dentistry, education, law, and health and social policy. This year, the Office of Trustee and Fellowship Affairs continued its support for Fellows’ Sections and Special Interest Groups offering quality programs on a variety of topics with greater program co-sponsorship across Sections.

At the Annual Meeting of the Fellows in November 2011, 47 new Fellows, 16 Members, 33 Associate Members, and 12 Student Members, recommended by NYAM’s Committee on Admission and Membership, were inducted into the NYAM community. The meeting was followed by the presentation of NYAM’s Distinguished Contribution Awards (see page 24 for honorees). Susan Dentzer, Editor-in-Chief of Health Affairs, delivered the 164th Anniversary Discourse, “Disparities, Prevention and the Promise and Perils of Health Reform.”

In a long tradition of Section activities that mentor the next generation of professionals, Student, Trainee, and Residents’ Nights or Mini-Board Reviews were sponsored by the Sections on Anesthesiology, Dermatology, Pediatrics, Ophthalmology, Social Work, and Urology.

In 2011, NYAM’s highly successful Author Night Series continued to showcase the written work of Fellows and others at eleven events. The History of Medicine Section held its first annual Fellows History night with presentations by five accomplished Fellows. Former U.S. Secretary of Health and Human Services, Donna Shalala, spoke on the future of nursing for the Section on Health Care Delivery’s Duncan Clarke Lecture. A presentation on “Molecular Therapies for Rare Heritable Skin Diseases” was the topic for the Howard Fox Memorial Lecture by the Section on Dermatology. The Section on Urology held its Ferdinand C. Valentine Lecture with “Overactive Bladder” as the presentation topic.

A generous multi-year grant of $250,000 from Laurie Norris and Clarence Pearson supported the establishment of the Alison Norris National Educational Symposium for trainees and faculty in nephrology to be held biennially at NYAM. The inaugural symposium, “Psychosocial Issues in the Practice of Nephrology,” was held in November.

The Section on Evidence Based Health Care conducted its annual three-day TEACH (Teaching Evidence Assimilation for Collaborative Healthcare) conference in August with more than 90 participants. The Section on Anesthesiology gathered New York-area anesthesiologists and residents at the International American University School of Medicine in St. Lucia for presentation on scientific papers and a talk on fragile brains. The Nuclear Medicine Section presented updates on clinical advances in SPECT and PET brain imaging and gastrointestinal and hepatobiliary nuclear medicine. The Social Work Section held a conference on inter-professional care coordination with sponsorship by the Section on Psychiatry, NYAM’s Nursing Special Interest Group, and the Josiah Macy Jr. Foundation. The Sections on Psychiatry, Pediatrics, and Social Work saw co-sponsorship of several programs as well throughout 2011. Finally, the Section on Dentistry and Oral Health was launched with its first program in October on cleft lip and palate surgery in rural Bangladesh.

2011 was a year of prestigious appointments for many of NYAM’s Fellows. Governor Andrew Cuomo appointed NYAM Fellow Nirav Shah, MD as New York State’s Health Commissioner. Judith S. Palfrey, MD, a NYAM Fellow and recipient of NYAM’s prestigious Millie & Richard Bock Visiting Professorship and Lectureship in Pediatrics, was appointed Executive Director of First Lady Michelle Obama’s Let’s Move! childhood obesity initiative. Terry T. Fulmer, PhD, RN, FAAN, a NYAM Fellow and Vice Chairman of the NYAM Board of Trustees, was appointed Dean at Bouvé College of Health Sciences at Northeastern University.

“It was clear to me that The New York Academy of Medicine was the place where important conversations were being held about the health of the public, and also the health of cities. I thought the programs were compelling, and I was very excited when I was accepted as a Fellow.”

-Terry Fulmer, PhD, RN, FAAN, Dean, Bouvé College of Health Sciences, Northeastern University
National Initiatives

Robert Wood Johnson Foundation Health & Society Scholars (HSS) Program

NYAM completed its fourth year as the National Program Office for the Robert Wood Johnson Foundation Health & Society Scholars (HSS) program. The National Program Office manages the intensive and highly competitive educational program, which selects 12 post-doctoral and junior faculty scholars from a national pool to receive two years of training at one of six universities—Columbia University, Harvard University, University of California (San Francisco and Berkeley), University of Michigan, University of Pennsylvania, and University of Wisconsin-Madison—in the methods and interdisciplinary research strategies needed to understand the multiple determinants of health and health disparities.

Numerous scholars and alumni received prestigious honors and high profile media exposure during the year. David Van Sickle (2006-2008) was named a White House Champion of Change in Technology and Innovation for his dedication to developing new tools for public health and research; Allison Aiello (2003-2005) appeared as an expert guest on TV’s The Dr. Oz Show discussing pandemic preparedness; Mark Hatzenbuehler (2010-2012) published two major journal articles that received widespread, national media attention (one on social environment linked to gay teen suicide and the other on the legalization of same-sex marriage potentially making gay men healthier); Natasha Schüll (2003-2005), an expert on gambling addictions, was interviewed on CBS’s 60 Minutes by Lesley Stahl; and Wizdom Powell-Hammond (2005-2007) was selected as a White House Fellow in the Department of Defense for 2011/2012, following in the footsteps of fellow HSS alumnus Mehret Mandefro (2007-2009), who served as a White House Fellow in 2009/2010.

Also of note in 2011 is that Christine A. Bachrach, PhD, former Director of the Office of Behavioral and Social Sciences Research at the National Institutes of Health, joined Dr. Jo Ivey Boufford, NYAM President, as Co-Director of the National Program Office. For more information on the program, visit the HSS website at www.healthandsocietyscholars.org.

Journal of Urban Health

Urban cultures in America and around the world are growing, and with this growth comes a unique set of health issues. Traditional public health and medical practices and methods must be adapted to respond to the urban population. NYAM’s Journal of Urban Health, published six times per year, reflects NYAM’s focus on the emerging field of urban health and epidemiology.

Important changes in patterns of disease and disability have been noted in urban populations, encouraging health professionals to expand their vision to include social and economic determinants of health as well as the influence of built and natural environments. For example, the parallel epidemics of substance abuse, teenage pregnancy, HIV, tuberculosis, and violence underscore the significance of such key factors as poverty, family disintegration, racial bias, and urban crowding in shaping the profile of urban morbidities.

The Journal of Urban Health addresses these health issues from clinical, community, and policy perspectives, filling a neglected niche in medical and health literature. In addition to original articles, the Journal publishes urban health data, book reviews, selected reports and proceedings from NYAM symposia, and classic papers that are important to building the knowledge base of the field.
Global Health

The 10th International Conference on Urban Health (ICUH) was held from November 1-5, 2011 in Belo Horizonte, Brazil. The conference was co-hosted by the International Society for Urban Health (for which NYAM serves as the Secretariat) and the Urban Health Observatory at the Federal University of Minas Gerais. The meeting brought together hundreds of delegates from more than 50 countries. The principle theme of “Urban Health Action toward Equity” was particularly apt in this setting; Belo Horizonte is famed for its participatory budgeting process that involves local citizens directly in setting municipal budget priorities. Highlights of the conference included a site visit to the Vila Viva Program, a city initiative to urbanize local favelas (slum settlements), and plenary talks highlighting interventions in both the developing and developed world. More information, including summaries of each day’s program, can be found at www.icuh2011.org.

In September, more than 200 individuals representing non-governmental organizations (NGOs) from around the globe gathered at NYAM in preparation for the UN General Assembly High Level Meetings on non-communicable diseases (NCDs). The two-day event was hosted by the NCD Alliance and included a special keynote panel, “Preventing Non-Communicable Diseases: The New York Experience,” featuring Health Commissioner Thomas Farley and John Orcutt, Policy Director at the New York City Department of Transportation, as well as a briefing for NGOs participating in the High Level Meetings. Another session on “Urban Health and NCDs,” co-sponsored by ISUH and Eminence, a Bangladeshi NGO, featured the Minister of Health of Bangladesh; Srinath Reddy, Dean of India’s National Institute of Public Health; and Alla Alwan, the WHO leader of the NCD Prevention Initiative and now Regional Director of WHO’s Eastern Mediterranean Region. Finally, the evidence-based reports that served as the foundation for the UN General Assembly’s formal discussions were launched at NYAM on the evening before the opening of the session. The events have an important link to NYAM’s statewide DASH initiative to prevent obesity, an important risk factor for NCDs. It was also an opportunity to showcase what the world (and New York) is doing to address the deadly effects of NCDs as well as the many steps the city has taken to ensure the good health of all New Yorkers.

NYAM continued to act as an advocate for global Age-friendly Cities in 2011, sharing wisdom and best practices learned from implementing Age-Friendly NYC. NYAM Senior Vice President Ruth Finkelstein was featured as the plenary speaker and served on the planning committee for the World Health Organization’s First International Conference on Age-friendly Cities in Dublin. Deputy Mayor Linda Gibbs, the Mayor’s lead on the Age-friendly NYC Commission housed at NYAM, signed the Dublin Declaration on behalf of NYC.

In Taiwan, Dr. Finkelstein presented at a national meeting sponsored by the federal Bureau of Health Promotion and Disease prevention, which is sponsoring a national program of age-friendly Cities in the eight regions of Taiwan. She then traveled to several cities to meet with mayors and top city officials consulting about their plans for age-friendly cities, and sharing experiences and materials from New York. As a result of this visit, Taiwan sent a large, high-level delegation to the conference in Dublin. Dr. Finkelstein also presented in plenary at the World Demographic Congress in St. Gallen, Switzerland. Additionally, Dr. Boufford presented on Age-friendly NYC at the ICUH in Brazil.
## Donors

We gratefully acknowledge these donors whose gifts, grants and bequests have supported NYAM’s work for the year ending December 31, 2011.

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The President’s Society recognizes donors who made gifts or grants of $1,000 or more to The New York Academy of Medicine for any purpose. We pay tribute to this premiere giving group at a reception in their honor each fall. These significant gifts and grants strengthen our ability to advance the health of people in cities.
Caring Beyond Our Own Lifetime

For 164 years, NYAM has been dedicated to advancing the health of people in cities. Endowed gifts and bequests are investments in the future and enable donors to impact the lives of individuals long past their lifetimes. Today, income from permanent endowment funds provides NYAM with a dependable financial base and the capacity to award grants and fellowships. We acknowledge the generosity of the donors to these funds and the individuals whose lives they honor:

1896  Alfred L. Loomis Fund
1901  Edward N. Gibbs Memorial Prize
1917  Ferdinand C. Valentine Funds
1928  Academy Rare Book Fund
1931  Thomas W. Salmon Memorial Fund
1940  Louis Livingston Seaman Fund
1942  The Alexander Cochran Bowen and Harlow Brooks Scholarship Fund
1943  George P. Seidenberg Memorial Lectures
1944  A. Richard Stern Memorial Fund
1944  Sara Welt Fund
1945  John A. Hartwell Memorial Fund
1947  Charles H. May Memorial Lecture
1951  Albert A. Berg Trust
1955  Howard Fox Memorial Fund
1960  William Warner Hoppin Memorial Awards
1961  Glomery-Raisbeck Fellowship in the Medical Sciences
1974  Karl Vogel Fund
1977  Charles A. Elbing Fellowship Fund for Neurological Surgery
1978  Academy Lecture Fund
1983  Sylvia and Herbert Berger Lectureship Fund
1984  Duncan W. Clark Lectureship Fund
1986  Robert S. Coles Distinguished Lectures in Ophthalmology Fund
1990  Samuel W. Lambert Memorial Fund
1992  Leonard F. Oner Book Fund
1994  Ruth and Abraham Walters Fund in Health, Law and Ethics
1996  David E. Rogers Fellowship Fund
1997  Gladys Brooks Conservation/Preservation Internship
1998  Eva Feld Fund
1999  Lillian Sauter Fund
2004  Estate of Warren Adams
2006  Arnold P. Gold Foundation Fund for the Steve Miller Humanism in Medicine Lecture
2007  Jeremiah A. Barondess Fellowship in the Clinical Transaction
2011  Tom and Jackie Morris Endowment for Book Conservation

Gifting to the Friends of the Rare Book Room (FRBR) support public programs in the history of medicine, the acquisition and cataloging of historical scholarly materials, and activities that make the Rare Book Room a center for scholarship in the history of medicine and public health for the study of books and printing. The highest level of FRBR donors are members of the Malloch Circle, who give $1,000 or more annually to support this work. We gratefully acknowledge the 2011 Malloch Circle Members:

John Stearns Legacy Society

The John Stearns Legacy Society honors individuals who have remembered NYAM in their wills and estate plans or have given $25,000 or more to an endowment fund.

The John Stearns, MD, the first president of The New York Academy of Medicine in 1847, was one of the most distinguished physicians of his day. He championed the establishment of high professional standards and was instrumental in improving the health of the public nationwide.
Awards, Grants, Fellowships, and Lectures

NYAM has a long tradition of recognizing excellence in achievements in medicine and research with distinguished awards and the funding of new research, fellowships and lectureships through the generosity of donors who have established endowed funds. We are honored to report NYAM’s 2010 recipients.

17TH ANNUAL GALA HONOREES

William C. Weldon
Chairman and CEO, Johnson & Johnson

Urban Health Champion Award
Marcel Van Ooyen
Executive Director, GrowNYC

ACADEMY DISTINGUISHED CONTRIBUTION AWARDS

The Stephen Smith Medal for Distinguished Contributions in Public Health
Thomas Frieden, MD, MPH
Director of the Centers for Disease Control and Prevention (CDC) and Administrator of the Agency for Toxic Substances and Disease Registry (ATSDR)

The Academy Medal for Distinguished Contributions in Biomedical Science
Susan Band Horwitz, PhD
Falkenstein Professor of Cancer Research and Co-Chair of the Department of Molecular Pharmacology at the Albert Einstein College of Medicine; Associate Director for Therapeutics at the Albert Einstein Cancer Center

The John Stearns Medal for Distinguished Contributions in Medicine
Rita Charon, MD, PhD
Professor of Clinical Medicine at the College of Physicians and Surgeons of Columbia University and Director of the Program in Narrative Medicine

The Academy Medal for Distinguished Contributions in Health Policy
Vivian Finn, MD
Director of the Office of Research on Women’s Health (ORWH) at the National Institutes of Health (NIH); NIH Associate Director for Research on Women’s Health

The Academy Plaque for Exceptional Service to the Academy
Anne Moore, MD
Professor of Clinical Medicine and Medical Director of the Breast Oncology Program at the Weill Cornell Medical College

RESEARCH FELLOWSHIPS AND AWARDS

The Audrey and William H. Helfand Fellowship in the History of Medicine and Public Health ($5,000)
Cindy Stelmackowich, MA, PhD
“Picturing Pathology: Mortal Body Diagrams, Pathological Atlases and Diseases, 1800-1840”

Mary and David Hoar Fellowship in the Prevention and Treatment of Hip Fracture ($100,000, Made possible through a grant from The New York Community Trust)
Fred C. Ko, MD, MS
Mount Sinai School of Medicine “Inflammatory and Neuropeptide Mediators: Improving Pain and Function in Hip Fracture”

Glorney-Raisbeck Fellowship in Cardiovascular Diseases ($60,000)
Lori K. Soni, MD
Columbia University Medical Center “The TASK-1 Channel in Atrial Fibrillation as a Selective, Therapeutic Target”

Lewis Rudin Glaucoma Prize ($50,000)
David J. Calkins, PhD
Vanderbilt Eye Institute, Vanderbilt University “Distal axonopathy with structural persistence in glaucomatous neurodegeneration”

Paul Klemperer Fellowship in the History of Medicine ($5,000)
Heiko Pottmeyer, MD

LECTURESHIPS

Ed Hornick Memorial Lecture and Award
Glenn Saxe, MD
“Treating Traumatic Stress in Children and Adolescents”

Thomas W. Salmon Award and Lecture
Medallist: Max Fink, MD Lecturer: Helen S. Mayberg, MD
“Deep Brain Stimulation: Rethinking Depression and its Treatment”

Ferdinand C. Valentine Lecture and Award
Alan J. Wein, MD
“Overactive Bladder: Over 15 Years of Personal Observations and Controversies”

Duncan W. Clark Lecture
Donna Shalala, PhD
“The Future of Nursing”

Howard Fox Memorial Lecture
Jouri Luttio, MD, PhD
“Molecular Therapies for Rare Heritable Skin Diseases”

Ferdinand C. Valentine Lecture and Award
Donna Shalala, PhD
“The Future of Nursing”

John K. Lattimer Lecture
Jeffrey Jungsten, MD
“Death Investigation in America”

Steven Z. Miller Lecture on Humanism in Medicine
Lewis R. First, MD
“Toughts on Humanistic Pediatric Leadership: Some ‘First’ Impressions After 17+ ‘Fun-filled’ Years as a Pediatric Department Chair and Child Advocate”

Lewis and Jack Rudin New York Prize for Medicine and Health Lecture
John Billings, JD
“Population Health: Improving Health of Vulnerable Populations”

STUDENT GRANTS

Glorney-Raisbeck Medical Student Grants in Cardiovascular Research ($4,000)

Stephanie Chu
Joan & Sanford I. Weill Medical College of Cornell University “Hydrogen Sulfide: Cytoprotection against Oxidative Stress and ATP Fluctuation”

Sue Hahn
Weill Cornell Medical College “The Kinetics of High Mobility Group Box-1 (HMGB1) During Acute Coronary Syndromes”

“NYAM does many things for our community and for our physicians but among the most important, in my view, is providing protected time for introducing young post-graduate physicians to the world of research, which is the act of creation of new knowledge. Today, when money to fund such activities is more limited than at any time in recent memory, the importance of the NYAM programs for physician training in research is greater than ever. Without such opportunities, we as a society will never move beyond where we are at present, we will never have new diagnostic methods or new treatments to reduce suffering and to prolong useful life. Very few programs like those of NYAM exist in the US -- we should support NYAM strongly in these efforts!”

-Jeffrey S. Borer, MD, Professor of Medicine, Cell Biology, Radiology and Surgery, State University of New York Downstate Medical Center and College of Medicine in New York City, 1994 Recipient of the Glorney-Raisbeck Fellowship in the Medical Sciences
Statement of Financial Position

December 31, 2011, with comparison to December 31, 2010*

<table>
<thead>
<tr>
<th>Assets</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$659,349</td>
<td>$628,174</td>
</tr>
<tr>
<td>Cash and cash equivalents restricted as to use</td>
<td>-</td>
<td>100,000</td>
</tr>
<tr>
<td>Investments</td>
<td>82,393,788</td>
<td>66,322,803</td>
</tr>
<tr>
<td>Contributions and grants receivable</td>
<td>4,065,096</td>
<td>5,027,026</td>
</tr>
<tr>
<td>Accounts receivable and dividend receivable</td>
<td>691,497</td>
<td>373,368</td>
</tr>
<tr>
<td>Prepaid expenses and other assets</td>
<td>158,328</td>
<td>228,431</td>
</tr>
<tr>
<td>Property and equipment</td>
<td>11,987,234</td>
<td>12,964,703</td>
</tr>
<tr>
<td>Beneficial interest in perpetual trust</td>
<td>241,344</td>
<td>247,549</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$101,052,606</strong></td>
<td><strong>$85,122,084</strong></td>
</tr>
</tbody>
</table>

| Liabilities | | |
| Accounts payable and accrued expenses | $2,087,123 | $3,199,421 |
| Grants payable | 141,000 | 140,000 |
| Refundable security deposit | - | 100,000 |
| **Total Liabilities** | **$2,228,123** | **$3,439,421** |

<table>
<thead>
<tr>
<th>Net Assets</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>2011 Total</th>
<th>2010 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>64,343,568</td>
<td>47,949,927</td>
<td>-</td>
<td>10,035,310</td>
<td>9,168,592</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>23,364,333</td>
<td>22,791,785</td>
<td>-</td>
<td>1,018,596</td>
<td>1,018,596</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>11,126,682</td>
<td>10,940,951</td>
<td>-</td>
<td>422,781</td>
<td>422,781</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>98,824,683</strong></td>
<td><strong>81,807,741</strong></td>
<td>-</td>
<td><strong>19,383,228</strong></td>
<td><strong>18,619,203</strong></td>
</tr>
</tbody>
</table>

| Total Liabilities and Net Assets | 101,052,606 | 85,122,084 |

*The financial information in this report does not constitute audited financial statements in accordance with generally accepted accounting principles in the United States. A copy of the 2011 Audited Financial Statements can be obtained from our offices by writing the Office of Finance and Administration or by calling (212) 822-7219.

Statement of Activities

For the year ended December 31, 2011 (with summarized financial information for December 31, 2010)*

<table>
<thead>
<tr>
<th>Operating support and revenues</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>2011 Total</th>
<th>2010 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operating support:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contributions</td>
<td>$259,781</td>
<td>$9,775,529</td>
<td>-</td>
<td>$10,035,310</td>
<td>$10,663,724</td>
</tr>
<tr>
<td>Special events revenue (net of direct benefit to donors of $175,222 in 2011 and $193,026 in 2010)</td>
<td>-</td>
<td>-</td>
<td>376,118</td>
<td>-</td>
<td>274,464</td>
</tr>
<tr>
<td><strong>Total operating support</strong></td>
<td><strong>635,899</strong></td>
<td><strong>9,775,529</strong></td>
<td>-</td>
<td><strong>10,411,428</strong></td>
<td><strong>10,938,188</strong></td>
</tr>
</tbody>
</table>

| Operating revenues | | | | | |
| Investment earnings designated for current operations | 6,767,659 | - | - | 6,767,659 | 7,348,231 |
| Interest on short-term investments | - | - | - | - | 271 |
| Subscriptions and fees | 1,466,605 | 3,165 | - | 1,493,760 | 1,606,641 |
| Membership dues | 138,710 | - | - | 138,710 | 156,400 |
| Miscellaneous | 151,728 | 185,631 | - | 151,728 | 287,249 |
| **Total operating revenue** | **8,814,712** | **3,165** | - | **8,817,877** | **9,379,192** |

| Net assets released from restrictions for operations | 9,168,592 | (9,168,592) | - | - | - |

| Total operating support, revenues and reclassifications | 18,619,203 | 610,092 | - | 19,229,295 | 20,317,380 |

| Operating expenses | | | | | |
| Program services | 13,654,274 | - | - | 13,654,274 | 16,354,095 |
| Management and general | 4,710,358 | - | - | 4,710,358 | 5,597,619 |
| Fund-raising | 1,018,596 | - | - | 1,018,596 | 1,018,596 |
| **Total operating expenses** | **19,383,228** | - | - | **19,383,228** | **23,046,743** |

| (Decrease) increase from operating activities | (784,025) | 610,092 | - | (153,933) | (2,729,363) |

| Non-operating activities | | | | | |
| Grants and contributions | - | 422,781 | - | - | 422,781 |
| Permanently restricted contributions | - | 233,534 | - | - | 233,534 |
| Change in value of beneficial interest in perpetual trust | - | - | (6,205) | - | (6,205) |
| Gain (Loss) on disposal of fixed assets | 24,108,121 | - | - | 24,108,121 | 71,850 |
| Investment (losses) not designated for current operations | - | - | (6,205) | - | (6,205) |
| Net assets released from restrictions for capital expenditures | 422,781 | 233,534 | - | 610,092 | 610,092 |

| Change in net assets | 16,393,641 | 562,548 | 185,631 | 17,141,820 | (125,078) |
| Net assets - January 1 | 47,343,568 | 23,364,333 | 11,126,682 | 81,807,741 | 81,682,663 |
| Net assets - December 31 | $64,343,568 | $25,354,333 | $11,126,682 | $98,824,483 | $91,807,441 |
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